

Unveiling the answer: Are liposuction results immediate?

The pandemic period has greatly affected the normal daily routine, thus resulting in obesity among the masses. Despite every effort, desired body shape can't be achieved. If you think liposuction can help you lose weight, you are wrong! With the successful undergoing of liposuction, unwanted fat gets eliminated moderately. The portion of fat which gets lost varies from patient to patient. Therefore, doctors always prescribe maintaining a balanced diet and practicing daily exercise for getting into the desired body shape with time.

What do you expect after liposuction?

Determining the extent of body shape to be achieved, the liposuction surgery can extend up to 4 hrs. Once the surgery is done, the patient wears a stiff elastic tape. To prevent further discomfort, doctors prescribe painkillers. After taking out the elastic garment, the patient is given a compression garment to wear. For a week, patients can feel a sense of swelling at the surgery part. Plastic surgeons usually recommend wearing this garment for six months until the injury gets fully cured.

How long does it take to experience the prominent results?

Now the question is: [Are liposuction results immediate?](#) For the best body shaping, you need to wait a year. With time, the swelling gets lessened and the skin gets retracted in its position. It is always worthwhile to do daily exercises and eat a healthful diet to appreciate the most intended results. You can't ignore the value of lymphatic massage to encourage skin compression.

Is it possible to maintain the liposuction results?

Without proper upkeep, there's a high risk of sagging skin. Therefore, whenever you have made up your mind to go through liposuction surgery, it is crucial to ask your surgeon whether it will be suitable for your skin quality or not. With the skin test, it will be better to opt for the state-of-the-art medical technique. It is nothing but the proper exercise, a healthy diet, and a retraction garment that results in the best body shape. In case of loose skin, some additional treatments need to be carried out and the results get

visible. It is the expertise and experience of your surgeon that will make the liposuction successful.

Remove the unwanted fat with practical liposuction

Most patients want to know the extent of fat removal from the liposuction procedure. In one sitting, less than 5000 cc of body fat is taken out. Depending on the body type, natural proportions, and curves, the amount of inches gets eliminated. The most skilled surgeons ensure the patient's safety along with the success of losing inches. To know in detail, schedule an immediate consultation with a liposuction specialist.